



DURAL PUBLIC SCHOOL

YEAR 5 - POINT WOLSTONCROFT CAMP

Monday 8th August– Friday 12th August 2022.

Dear Parents/ Caregivers,

This letter is to outline the details and give information about the Year 5 **Point Wolstoncroft Sport and Recreation Centre Camp**.

Details are as follows:

Dates: Monday 8th August to Friday 12th August, 2022.

Travel times: We will travel by coach leaving Dural Public School on Monday 8th August at approx **9.00am** and will return on the Friday afternoon 12th August approx 3.00pm.

Where: Point Wolstoncroft Camp is on a peninsula in Lake Macquarie at Gwandalan, approached through Wyong.

Program Details: The program is conducted by the NSW Office of Sport and Recreation staff, assisted by our own teachers. It involves environmental education using the natural environment of the camp, social education and a wide variety of recreation activities. Students benefit enormously from the camp and return with new knowledge and skills. All lessons are taken by trained and competent staff assisted by our own teachers attending.

Accommodation: Students are accommodated in clean lodges, most of which are new buildings. They are expected to shower daily and hygiene is part of the Camp routine. Dural teachers supervise students at night and sleep in lodges attached to the student lodges. Permanent staff are trained in First Aid, C.P.R. (as are our teachers), E.A.R. and use of oxygen equipment.

Meals: Meals are prepared by staff trained to cater for dietary needs of participants and are balanced to provide energy and nutrition. Any medication is also to be labelled and will be kept by staff for administration.

Payment: This will be included in the Term 2 Invoice.

Dural Public School Travel Consent, DVD Consent and Code of Conduct forms:
Please fill these out and **return to the office** by 20th May, 2022.

Medical and Consent Forms: Parents are required to fill in the “NSW Office of Sport and Recreation” Medical and Consent form ONLINE for their child. This online registration will open on the 8th May and close on the 18th July. Further details on how to access this will be communicated prior to the 8th May.

If parents/guardians require additional information:

Parent/Guardian Information Pack - <https://sport.nsw.gov.au/facilities/schools/parent>

COVID Safe Centres Information - <https://www.sport.nsw.gov.au/covidsafecentres>

If you wish to talk about any matter please phone Mrs Heinrichson at school on 9651 1164.

Please advise Mrs Heinrichson ASAP if your child will not be attending.

Ms Milly Stone
Principal

Mrs Sabina Heinrichson
Assistant Principal

What to pack

Luggage

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child's name, address and phone number.

Remember, your child will have to carry their luggage so it's good to make sure it's not too big or too heavy. Items needed on the trip should be packed in the backpack.

Checklist

Please label all clothing, towels and sleeping bag with your child's name.

Shorts and t-shirts (no singlets, sleeveless or midriff tops)

Jeans

Jumpers and tracksuit pants

Socks and underwear

Raincoat

Pyjamas

Swimming costume and rashie shirt

Sunscreen, sun hat and sunglasses

Two pairs of running shoes (one old pair to wear in the water)

Toiletries, soap, deodorant, lip balm and insect repellent (no aerosols)

Two towels

Pillow, sleeping bag or doona and two single flat sheets (linen needs to be provided for hygiene purposes)

Day backpack

Paper, pens or pencils

Plastic bags for dirty or wet clothes

Medication (if required)

Handkerchief or tissues

Water bottle

Optional

Camera

What NOT to bring

Aerosol

Thongs

Mobile phones

Computer/video games

Lollies or chocolate

Jewellery

Money

Anything valuable

Staying in touch during camp

While at camp, you can stay in touch with your child by fax or email. Clearly mark your child's name and school on all correspondence.

Email on the form at: <http://www.dsr.nsw.gov.au/pointwolstoncroft/location.asp>

Fax (02) 4976 2705



Year 5 Point Wolstoncroft Camp
Travel Consent Form

I consent to my child _____ of class _____ participating in the Point Wolstoncroft camp on the 8th August to the 12th August, 2022. I understand that travel is by coach.

Parent/Guardian Signature: _____ Date: _____

Year 5 Point Wolstoncroft Camp
Panadol Consent

I consent to my child _____ of class _____ been given a child's dose of Panadol if required.

Parent/Guardian Signature: _____ Date: _____

Year 5 Point Wolstoncroft Camp
DVD Consent

To widen the choice of DVD's to make the journey more enjoyable, teachers would like to hire suitable P.G. movies. Please complete the permission note below.

I give permission for my child _____ of class _____ to view P.G. movies.

Parent/ Guardian Signature: _____ Date: _____



Year 5 Point Wolstoncroft Camp **Dural PS Code of Conduct**

Excursions are an extension of the classroom and therefore you must behave appropriately at all times.

On the Coach:

1. Never board or leave the coach unless instructed to do so by a teacher or coach captain.
2. While the coach is in motion remain seated properly and keep your seatbelt buckled.
3. Do not distract the coach captain whilst the coach is in motion by talking to him, making unnecessary movement or loud noises.
4. Remain in your seat when the coach stops until you are told what to do.
5. Do not play with air flow and seat controls.
6. If you feel travel sick let a teacher know QUICKLY.
7. Keep the same seat and 'buddy' at all times.
8. Keep the coach clean and litter free.
9. No food or drink is to be consumed on the coach unless otherwise instructed.
10. At Point Wolstoncroft all lollies and chocolates are confiscated immediately.

At the Accommodation: At Point Wolstoncroft

1. Respect the needs and comfort of other guests.
2. Respect property.
3. You are responsible for your belongings. Keep your luggage tidy: name all your clothing.
4. You are responsible for your room. It must be kept clean, tidy and treated with respect.
5. All facilities are for sharing. Be cooperative.
6. After 'Lights Out' you will stay in bed. You will remain quietly in your room.
7. Behave in an exemplary manner at all times.

Meal Times:

1. Remember your manners.
2. Make conversation with members of your table.
3. Ask permission to leave when everyone at your table has finished. You will be permitted to leave by a teacher.
4. You are responsible for leaving your table clean.
5. Complete duties as rostered and as required.
6. Be helpful.

At Camp:

1. Always listen and follow the instructions of the Camp instructors, Dural teachers and coach captains.
2. Speak politely and listen carefully to everyone.
3. Behave in an exemplary manner at all times: you are representing Dural P.S.

Mobile Phones: Under no circumstances are mobile phones to be brought to camp.

Failure to comply with any of these rules may result in your parents being asked to collect you from the camp and take you home.

I agree to abide by the above Code of Conduct.

Student's name: _____ Student's Signature: _____

Parent's name: _____ Parent's Signature: _____

Date: _____