

PSSA, Knock Out and Gala Day Selections

Dear Parents,

Before selections are made for Term 1 Beecroft Zone Interschool Sport and NSWPSA Knock-Outs we felt the need to clear up any confusion regarding selections for these sports.

NSWPSA Knock-Out Policy:

The school policy has always been for K.O. competition the teams will be chosen on elite sporting ability. This could involve looking at students in Year 4 who show exceptional talent/ability if needed. These students show such exceptional ability that they will be considered ahead of a Year 5 or 6 student.

The majority of teams however are comprised of the most talented Year 5 and Year 6 students.

Friday Beecroft Zone Interschool Sport Policy:

The BZIS competition is **EXCLUSIVELY** for students in Years 3 - 6. Year 2 students cannot compete in Friday BZIS competitions under the Beecroft Zone PSSA rules. Each team member is required to sign a "code of conduct". This ensures that Dural Public School will take students to compete against other schools in our zone who exhibit the following:

- Sportsmanship with own team members and other school team members
- Exhibit behaviour at school deemed to be fitting a team member representing our school
- Compete by the rules and always abide by the referee's/umpire's decisions
- Be a good sport and encourage fellow team members
- Control of temper and make no criticism either by word or gesture

Gala Day Selections will be based on age groups and team numbers offered by the various Gala Day providers.

Zone/Area Trial Policy:

Students nominate themselves and are then assessed against the criteria outlined by the trial convenor. This may involve a physical trial at school to ensure we only send elite level students with some of the more popular sports. This is outlined in more detail later in this document.

The principal and sports coordinator has the right to withdraw any student from a team sport where their behaviour within the school or at Knock Out, PSSA or Gala Day sporting events is called into question.

This can also involve the actual selections for these teams as well.

Dural Public School Carnival Information

The following is general information about Dural Public School Carnivals and progression to Beecroft PSSA Zone Carnivals.

Carnivals at Dural Public School follow the NSWPSA rules and guidelines.

Dural Public School Carnivals reflect Beecroft Zone, who reflect Sydney North Area, who reflect NSW State who reflect National Carnivals.

Student Age according to the NSWPSA is the age the student turns in this calendar year.

Age Categories:

- Juniors, students who turn 8, 9 or 10 in this calendar year
- 11 Year Olds, students who turn 11 in this calendar year
- 12/13 Year Olds, students who turn 12 or 13 in this calendar year.

Age Races: 8 years, 9 years, 10 years, 11 years, 12 years and 13 years.

Year Groups: Kindy, Year 1 or Year 2.

Dural Public School Swimming Carnival

This carnival is open to any student who turns 8, 9, 10, 11, 12 and 13 in this calendar year.

Age Category: backstroke, breaststroke and butterfly

Age Races: freestyle

Open 100m Freestyle: this is the only open event without any age restrictions.

Medley: Junior (8, 9 and 10), Senior (11, 12 and 13).

Qualification to The Beecroft Zone Swimming Carnival: your child must finish first overall on times or win their final. We are allowed to send a 2nd qualifier if they beat the qualifying time stipulated by Beecroft Zone. All students need to meet the qualifying times for medley and open 100m. **Relay** qualification is the fastest 4 freestyle times: Junior (8, 9 and 10), Senior (11, 12 and 13).

Dural Public School Cross Country Carnival

This carnival is for every student from K-6 with a mixture of Year Groups and Age Races.

Year Groups: Kindy, Year 1 and Year 2 who are not 8 year olds.

Age Races: 8/9 Year Olds, 10 Year Olds, 11 Year Olds and 12/13 Year Olds.

Qualification for The Beecroft Zone Cross Country Carnival is only for the first 5 students in the Age Races.

Dural Public School Athletics Carnival

This carnival is open to all students from years 2-6. It's a mixture of Age Races and Age Categories.

Age Races: 100m, with the added Age Race year 2s who are 7.

Age Categories: high jump, long jump, shot put, discus, 200m and 800m.

High jump, long jump and shot put qualification takes place in the weeks prior to the carnival with your child's classroom teacher. Typically, the top 6 students in each category qualify for the carnival. These results are posted on the sports board with students constantly reminded to check the board.

Discus is an Age Category event we do not hold for safety reasons but students can qualify for the Beecroft Zone Athletics Carnival through a school trial. If your child is highly proficient at discus, they need to listen out for trial information and then physically demonstrate they can exceed the qualifying distance stipulated by Beecroft Zone. The best 2 students who exceed the qualifying distance are sent to The Beecroft Zone Discus Session, which typically is held the day before the Beecroft Zone Field Events Carnival.

Qualification for the Beecroft Zone Athletics Field Carnival for the Field Events is dependent on whether your child has met the Beecroft Zone qualifying standard, with a maximum of 2 students per event.

Qualifying for The Beecroft Zone Athletics Track Carnival is for the fastest 3 students in the 100m Age Race finals and the fastest 2 students in the Age Categories for the 200m finals and 800m finals. **Relay** qualification is the fastest four 100m times: Junior (8, 9 and 10), Senior (11, 12 and 13).

NSWPSSA Representative Sport Pathway

Throughout this year various NSWPSSA sport trials/carnivals will be conducted throughout the state depending on the level of representation. These start off at School Level, then to Zone level, then to Area level, then finally the State level.

NSWPSSA Sports:

Athletics Boys	Athletics Girls	AFL	Basketball Boys	Basketball Girls
Cross Country Boys	Cross Country Girls	Cricket Boys	Cricket Girls	Diving Boys
Diving Girls	Football Boys	Football Girls	Golf Boys	Golf Girls
Hockey Boys	Hockey Girls	Netball	Rugby League	Rugby Union
Rugby Union 7s Girls	Swimming Boys	Swimming Girls	Softball Boys	Softball Girls
Tennis Boys	Tennis Girls	Touch Football Boys	Touch Football Girls	

Dural Public School will inform parents and students about these trials in the following ways:

1. In the weekly emailed newsletter.
2. To students through in-school Sentral communications delivered via their classroom teacher at eating time in-class.
3. In the fortnightly sport report at assemblies.
4. Through the Beecroft Zone Facebook Page.



Like us on
Facebook



Like Beecroft Zone PSSA on Facebook to stay up to date with all the latest Zone: Trial, Carnival, Friday PSSA and wet weather information.

Beecroft Zone and Sydney North Area Trial Information

Before any selections are made to represent Dural Public School at Beecroft Zone or Sydney North this year we felt the need to clear up any misconceptions regarding the selection processes for these sports. To avoid any confusion, disappointment and frustration by yourself and your child in the school selection process or the subsequent trial selection processes, below is a guide on how these selections typically operate.

Beecroft Zone and Sydney North Area Sport Trial general information:

- There are 21 schools in Beecroft Zone.
- There are 12 Zones within Sydney North Area.
- Sydney North Trials are, typically held close to the convenor's school. A very large percentage of Sydney North Trials have been held in the central coast over the last few years.

The convenors (teachers who are selecting the team) are typically interested in students who:

- **Firstly, are REPRESENTATIVE PLAYERS.**
- **Secondly, players who possess a VERY HIGH level of skill and understanding in that sport.**
- Convenors typically do not want average or above average players to trial.

Each school in the zone can nominate a maximum of 2-3 players of elite sporting ability. That could mean 50+ students are trying out for 6-12 positions on a Zone or Area team. Some trials don't pick teams they pick the best individuals to send to the next level, regardless of their positions.

These trials are for sport's Gifted and Talented athletes, they are not designed to be a "have a go and see how you go" or "fun day". They have one focus: to pick the best players to represent the Zone, Area and finally the State.

Some sports require a Combined Zone Trial. This means an extra selection in the process, for example, 2 Zones select a team each and from that one team is selected. So you may be selected in the Beecroft Zone Team but not selected in the Combined Zone Team.

Teachers from Dural Public School will not be present at the trial unless one of them is convening the sport or assisting in the selection process. As a parent or caregiver, you need to organise transport for your child to and from the venue (this is the biggest bugbear in the whole process and typically stops most students from trialling, especially if they are being held at Wyong). Also, every student must provide their own playing equipment. For Example, at the Zone Cricket Trials everyone must bring a brand new cricket ball.

To ensure we always send the most willing and talented students we have created a Sport Trial Note that will be given to all interested students to assist in the school selection process. This note details the student's representative experience, sport club, years of playing experience, transport arrangements etc.

Once Mr Field receives this completed form, he will liaise with the teacher/s that coach this sport within the school or hold a school-based trial to select the best player/s and forward their names to the convenor. Your child, if selected, will then receive a Zone/Area Trial Permission note which **MUST** be signed by Mr Field and Ms Stone. It is your child's responsibility to get this signed. This note has to be taken to the trial and given to the convenor.

Ms Milly Stone
Principal

Mr Justin Field
Sports Coordinator