



**DURAL PUBLIC SCHOOL**

**YEAR 5 - POINT WOLSTONCROFT CAMP**

**Monday 8<sup>th</sup> March – FRIDAY 12<sup>th</sup> March 2021.**

Dear Parents/ Caregivers,

This letter is to outline the details and give information about the Year 5 **Point Wolstoncroft Sport and Recreation Centre Camp**.

**Details are as follows:**

**Dates:** Monday 8<sup>th</sup> March to Friday 12<sup>th</sup> March, 2021.

**Travel times:** We will travel by coach leaving Dural Public School on Monday 8<sup>th</sup> March at approx **9.00am** and will return on the Friday afternoon 12<sup>th</sup> March approx 3.00pm.

**Where:** Point Wolstoncroft Camp is on a peninsula in Lake Macquarie at Gwandalan, approached through Wyong.

**Program Details:** The program is conducted by the NSW Office of Sport and Recreation staff, assisted by our own teachers. It involves environmental education using the natural environment of the camp, social education and a wide variety of recreation activities. Students benefit enormously from the camp and return with new knowledge and skills. All lessons are taken by trained and competent staff assisted by our own teachers attending.

**Accommodation:** Students are accommodated in clean lodges, most of which are new buildings. They are expected to shower daily and hygiene is part of the Camp routine. Dural teachers supervise students at night and sleep in lodges attached to the student lodges. Permanent staff are trained in First Aid, C.P.R. (as are our teachers), E.A.R. and use of oxygen equipment.

**Meals:** Meals are prepared by staff trained to cater for dietary needs of participants and are balanced to provide energy and nutrition. Any medication is also to be labelled and will be kept by staff for administration.

**Payment:** This will be included in the Term 1 Invoice.

**Dural Public School Travel Consent, DVD Consent and Code of Conduct forms:** Please fill these out and **return to the office** by Wednesday 17th February, 2021.

**Medical and Consent Forms:** Parents are required to fill in the “NSW Office of Sport and Recreation” Medical and Consent form ONLINE for their child. It must be completed by **Wednesday 17th February, 2021.** You will need the following details:

**USE CHROME as the internet browser**

**Web address:**

<https://oos.ungerboeck.com/prod/emc00/register.aspx?eid=UlqxNFWQ1lxWFBUNihZRWlvaDd5QT090>

**Booking Start date:** 08/03/20

**Booking Venue:** Point Wolstoncroft Sport and Recreation Centre

**Event Reference ID:** 10165

If parents/guardians require additional information:

Parent/Guardian Information Pack - <https://sport.nsw.gov.au/facilities/schools/parent>

COVID Safe Centres Information - <https://www.sport.nsw.gov.au/covidsafecentres>

If you wish to talk about any matter please phone Mrs Heinrichson at school on 9651 1164.

**Please advise Mrs Heinrichson ASAP if your child will not be attending.**

Ms Milly Stone  
Principal

Mrs Sabina Heinrichson  
Assistant Principal

# What to pack

## Luggage

One piece of luggage, a sleeping bag and a small day backpack is recommended per child. These should be clearly marked with your child's name, address and phone number.

Remember, your child will have to carry their luggage so it's good to make sure it's not too big or too heavy. Items needed on the trip should be packed in the backpack.

## Checklist

Please label all clothing, towels and sleeping bag with your child's name.

Shorts and t-shirts (no singlets, sleeveless or midriff tops)

Jeans

Jumpers and tracksuit pants

Socks and underwear

Raincoat

Pyjamas

Swimming costume and rashie shirt

Sunscreen, sun hat and sunglasses

Two pairs of running shoes (one old pair to wear in the water)

Toiletries, soap, deodorant, lip balm and insect repellent (no aerosols)

Two towels

Pillow, sleeping bag or doona and two single flat sheets (linen needs to be provided for hygiene purposes)

Day backpack

Paper, pens or pencils

Plastic bags for dirty or wet clothes

Medication (if required)

Handkerchief or tissues

Water bottle

## Optional

Camera

## What NOT to bring

Aerosol

Thongs

Mobile phones

Computer/video games

Lollies or chocolate

Jewellery

Money

Anything valuable

## Staying in touch during camp

While at camp, you can stay in touch with your child by fax or email. Clearly mark your child's name and school on all correspondence.

Email on the form at: <http://www.dsr.nsw.gov.au/pointwolstoncroft/location.asp>

Fax (02) 4976 2705



**Year 5 Point Wolstoncroft Camp**  
**Travel Consent Form**

I consent to my child \_\_\_\_\_ of class \_\_\_\_\_ participating in the Point Wolstoncroft camp on the 8th March to the 12<sup>th</sup> March, 2021. I understand that travel is by coach.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Year 5 Point Wolstoncroft Camp**  
**Panadol Consent**

I consent to my child \_\_\_\_\_ of class \_\_\_\_\_ been given a child's dose of Panadol if required.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Year 5 Point Wolstoncroft Camp**  
**DVD Consent**

To widen the choice of DVD's to make the journey more enjoyable, teachers would like to hire suitable P.G. movies. Please complete the permission note below.

I give permission for my child \_\_\_\_\_ of class \_\_\_\_\_ to view P.G. movies.

Parent/ Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_



## **Year 5 Point Wolstoncroft Camp** **Dural PS Code of Conduct**

**Excursions are an extension of the classroom and therefore you must behave appropriately at all times.**

### **On the Coach:**

1. Never board or leave the coach unless instructed to do so by a teacher or coach captain.
2. While the coach is in motion remain seated properly and keep your seatbelt buckled.
3. Do not distract the coach captain whilst the coach is in motion by talking to him, making unnecessary movement or loud noises.
4. Remain in your seat when the coach stops until you are told what to do.
5. Do not play with air flow and seat controls.
6. If you feel travel sick let a teacher know QUICKLY.
7. Keep the same seat and 'buddy' at all times.
8. Keep the coach clean and litter free.
9. No food or drink is to be consumed on the coach unless otherwise instructed.
10. At Point Wolstoncroft all lollies and chocolates are confiscated immediately.

### **At the Accommodation: At Point Wolstoncroft**

1. Respect the needs and comfort of other guests.
2. Respect property.
3. You are responsible for your belongings. Keep your luggage tidy: name all your clothing.
4. You are responsible for your room. It must be kept clean, tidy and treated with respect.
5. All facilities are for sharing. Be cooperative.
6. After 'Lights Out' you will stay in bed. You will remain quietly in your room.
7. Behave in an exemplary manner at all times.

### **Meal Times:**

1. Remember your manners.
2. Make conversation with members of your table.
3. Ask permission to leave when everyone at your table has finished. You will be permitted to leave by a teacher.
4. You are responsible for leaving your table clean.
5. Complete duties as rostered and as required.
6. Be helpful.

### **At Camp:**

1. Always listen and follow the instructions of the Camp instructors, Dural teachers and coach captains.
2. Speak politely and listen carefully to everyone.
3. Behave in an exemplary manner at all times: you are representing Dural P.S.

**Mobile Phones:** Under no circumstances are mobile phones to be brought to camp.

**Failure to comply with any of these rules may result in your parents being asked to collect you from the camp and take you home.**

I agree to abide by the above Code of Conduct.

Student's name: \_\_\_\_\_ Student's Signature: \_\_\_\_\_

Parent's name: \_\_\_\_\_ Parent's Signature: \_\_\_\_\_

Date: \_\_\_\_\_